



## Journey Quilt

Featuring Step by Step - Keiko Goke

Take a journey through the hills and valleys of this patchwork landscape featuring the beautiful Step by Step prints of Keiko Goke.

<b>Collection:</b>	<b>Step by Step - Keiko Goke</b>
<b>Technique:</b>	Freezer Paper Templates, Curved Piecing
<b>Skill Level:</b>	Intermediate
<b>Finished Size:</b>	67" x 77" (170.18cm x 195.58cm)

Project designed by Keiko Goke recolored by FreeSpirit fabrics  
 Tech edited by Alison M. Schmidt

## Fabric Requirements

DESIGN	COLOR	ARTICLE CODE	YARDAGE
(A) I Love Roses	Red	CPKG013.RED	1½ yards (1.37m)
(B) Coils Dance	Blue	CPKG012.BLUE	1¼ yards (1.14m)*
(C) Thick and Thin	Green	CPKG008.GREEN	⅞ yard (80.01cm)
(D) Thick and Thin	Red	CPKG008.RED	⅞ yard (80.01cm)
(E) Thick and Thin	Slate	CPKG008.SLATE	½ yard (45.72cm)
(F) A Long Way	Red	CPKG009.RED	⅞ yard (80.01cm)
(G) A Long Way	Aqua	CPKG009.AQUA	½ yard (45.72cm)
(H) Zinnia	Blue	CPKG011.BLUE	½ yard (45.72cm)
(I) Zinnia	Black	CPKG011.BLACK	½ yard (45.72cm)
(J) Coils Dance	Black	CPKG012.BLACK	½ yard (45.72cm)
(K) I Love Roses	Aqua	CPKG013.AQUA	⅞ yard (80.01cm)
(L) Ladder to Happiness	Red	CPKG014.RED	½ yard (45.72cm)
(M) Ladder to Happiness	Black	CPKG014.BLACK	½ yard (45.72cm)

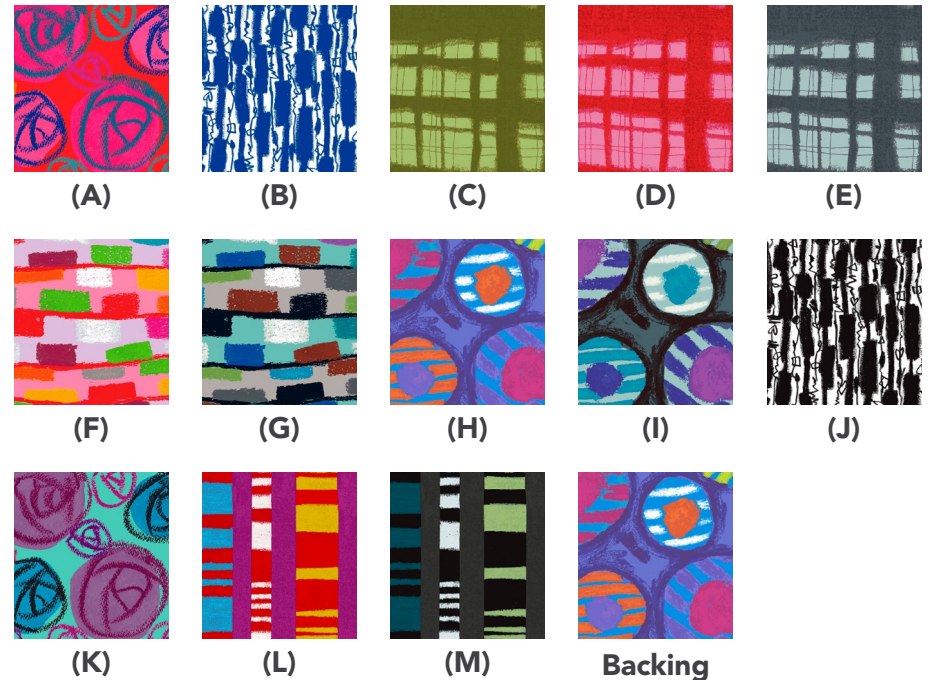
\* includes binding

## Backing (Purchased Separately)

44" (111.76cm) wide			
Zinnia	Blue	CPKG011.BLUE	4⅞ yards (4.46m)
OR			
108" (274.32cm) wide			2¼ yards (2.06m)

## Additional Requirements

- 100% cotton thread in a color to blend
- 75" x 85" (190.50cm x 215.90cm) batting
- 8 yards (7.32m) of 18" (45.72cm) wide freezer paper



**Note:** The curves of this quilt are created using freezer paper templates. Use the instructions below create a set of templates. Once the templates are created, cut fabric pieces by fusing the templates, shiny side down, to the **right** side of the fabric, measure and draw a  $\frac{1}{4}$ " (.64cm) seam allowance around the template and cut out along the drawn line. Leave the template on until indicated in the piecing instructions.

## Freezer Paper Templates

1. Cut (4) 18" x 72" (45.72cm x 182.88cm) freezer paper pieces. Tape the pieces together along the long sides to create a large rectangle, and trim to a rectangle 60" x 70" (152.40cm x 177.80cm).
2. Measure and mark a 10" (25.40cm) grid on the dull side of the freezer paper rectangle and mark the top edge. (**Fig. 1** on page 5)
3. Starting at the left-hand side of the rectangle, approximately 10" (25.40cm) from the top, draw a curve across the rectangle to the right-hand side, ending approximately 10" (25.40cm) from the top. (**Fig. 2** on page 5) Repeat to draw (6) more curves across the paper rectangle using the grid as a guide for placement and keeping the space between curves to less than 15½" (39.37cm).

**Note:** The curves do not need to start exactly on the 10" (25.40cm) marks or exactly match the curves shown in the **Fig. 2** on page 5. However, try to keep the curves similar to get the most out of the fabric requirements.

4. Repeat the process in Step 3 to draw (5) curved lines from the top to bottom of the rectangle to create a 6 x 7 curved grid. Label each piece of the grid by row and column number, e.g. 1-1, 1-2, 1-3, 1-4, 1-5, 1-6, 2-1, 2-2 etc. (**Fig. 3** on page 5)
5. Cut the templates apart along the curved lines.

## Cutting

**WOF = Width of Fabric**

*Remember when cutting templates, fuse to the right side of the fabric and add  $\frac{1}{4}$ " (.64cm) seam allowance before cutting. Do not remove the template when cut.*

### Fabric A, cut:

- (8) 4" x WOF (10.16cm x WOF) for the border
- (1) Template 2-2
- (1) Template 3-5
- (1) Template 5-3

### Fabric B, cut:

- (9) 2½" x WOF (6.35cm x WOF) for the binding
- (1) Template 2-4
- (1) Template 3-6
- (1) Template 7-2

### Fabric C, cut:

- (1) Template 1-2
- (1) Template 2-6
- (1) Template 4-3
- (1) Template 7-6

### Fabric D, cut:

- (1) Template 1-5
- (1) Template 4-1
- (1) Template 5-6
- (1) Template 6-4

### Fabric E, cut:

- (1) Template 2-5
- (1) Template 3-1
- (1) Template 7-4

### Fabric F, cut:

- (1) Template 1-6
- (1) Template 3-2
- (1) Template 5-2
- (1) Template 6-5

### Fabric G, cut:

- (1) Template 2-1
- (1) Template 4-6
- (1) Template 6-2

### Fabric H, cut:

- (1) Template 1-1
- (1) Template 4-5
- (1) Template 7-3

### Fabric I, cut:

- (1) Template 1-3
- (1) Template 4-4
- (1) Template 7-1

### Fabric J, cut:

- (1) Template 3-3
- (1) Template 5-1
- (1) Template 6-6

### Fabric K, cut:

- (1) Template 1-4
- (1) Template 4-2
- (1) Template 5-4
- (1) Template 7-5

### Fabric L, cut:

- (1) Template 3-4
- (1) Template 5-5
- (1) Template 6-1

### Fabric M, cut:

- (1) Template 2-3
- (1) Template 6-3

## Instructions

All seam allowances are  $\frac{1}{4}$ " (.64cm) and pieces are sewn right sides together. Follow the **Quilt Layout** on page 6 while assembling the quilt.

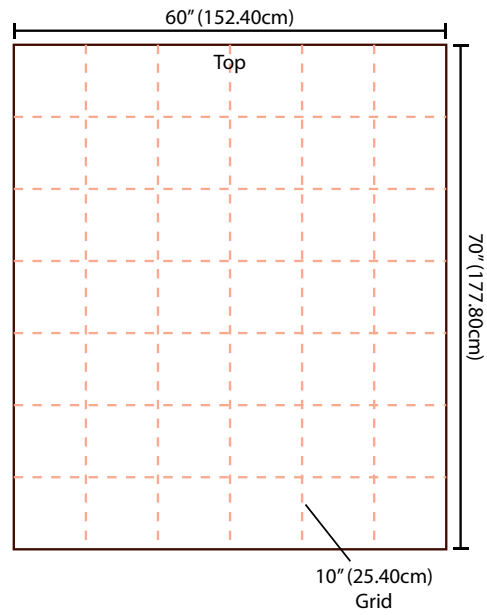
6. If you have less experience with curved piecing, you may wish to mark the corners of the templates with a removable fabric marker to aid in piecing. Remove the templates for pieces 1-1 and 1-2. Place the pieces right sides together and, first matching the corners, pin the edges to be joined, gently adjusting the curves so that they match. Stitch along the pinned edge. Repeat to add the remaining Row 1 pieces.
7. Repeat the process in Step 6 to sew together the pieces to make Rows 2 through 7.
8. Sew Row 2 to the bottom of Row 1, matching and pinning the seams, then adjusting the curves between them to match the edges. Repeat to add the remaining Rows together to complete the Quilt Center ( $60\frac{1}{2}$ " x  $70\frac{1}{2}$ " (153.67cm x 179.07cm). Trim the outer edges if needed to straighten.
9. Sew (2) 4" (10.16cm) **Fabric A** strips together end to end. Repeat to make (4) border strips. Measure the quilt top center *vertically* through the center and cut (2) 4" x  $70\frac{1}{2}$ " (10.16cm x 179.07cm) side borders (or the size you measured).
10. Sew the **Fabric A** side borders to the quilt top center.

11. Repeat Steps 9 and 10 to measure *horizontally*, cut (2) 4" x  $67\frac{1}{2}$ " (10.16cm x 171.45cm) top/bottom borders (or the size you measured), and add the top/bottom borders to the Quilt Center to complete the Quilt Top ( $67\frac{1}{2}$ " x  $77\frac{1}{2}$ " (171.45cm x 196.85cm).

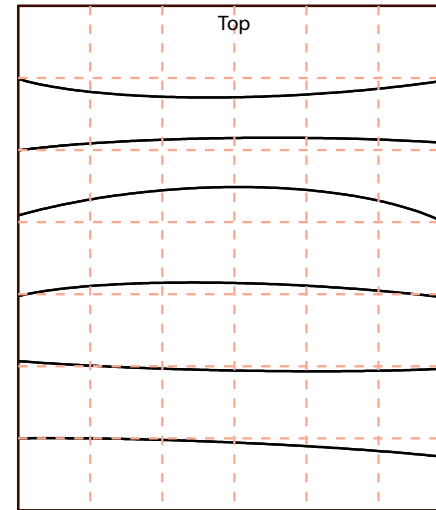
## Finishing

12. Sew together the (9)  $2\frac{1}{2}$ " (6.35cm) **Fabric B** binding strip send to end using a diagonal seam. Press the seam open. Press the binding strip in half wrong sides together.
13. Layer backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the top after quilting is completed.
14. Leaving an 8" (20.32cm) tail of binding, sew the binding to the top of the quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" (30.48cm) from where you started. Lay both loose ends of binding flat along quilt edge. Where the loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding right sides together. Trim seam to  $\frac{1}{4}$ " (.64cm) and press open. Finish sewing binding to quilt.
15. Turn the binding to the back of quilt and hand-stitch in place.

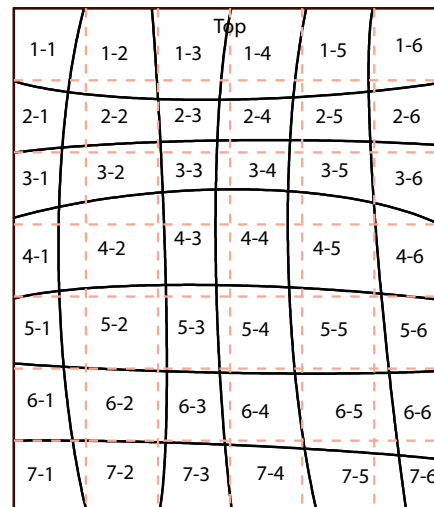
**Fig. 1**



**Fig. 2**



**Fig. 3**



## Quilt Layout

